

Title of Research Project: What Happens When All Else Fails: Creating a Positive School Environment Through a Whole School Behaviour Plan

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Relevant key words: executive function, behaviour management

Summary:

This research set out to explore a whole-school positive behaviour strategy that could be implemented in any busy classroom setting with little support or funding required. The research focused on the building of executive function as a strategy to support children in the primary school setting. Through building executive function children can be enabled to develop working memory, flexible thinking and self-control, to name just a few. Through the implementation of play-based activities that were both active and sedentary based, the research concluded that behaviour in the classroom improved substantially with fewer incidents of shouting out or disturbing other's learning, and children also were able to concentrate on tasks better without becoming distracted by the classroom environment. The children also reported that they found school more interesting and fun, had more friends, worked harder in school and felt more secure in their school environment.

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